



Here's a REAL Strum Pattern!

The D+ Strumming Pattern for the Strumdicapped like us.

With your thumb, strum **D**own and then Strum the Last String *alone* (That's D (Down) + (A String)

That last string is our A string. The down strum with your thumb is fun, easy, and can be in YOUR style.

Mix the speed. Mix when you strum the A string. (Skip a couple and just do the D)

Try D D+ D D+ Or D D D D+

Any variation is fun. This gives you FAST progress toward actually playing, helps with rhythm, and is open to your style. Also, you can get used to changing chords without messing everything up. Have fun with it.

Then, as you advance, get in a real pattern. D D+ D D+ and see how long you can do that. This helps build that mental timing.

And, add a chord or 2 or 3 or whatever. JUST PLAY! That's the point. PLAY for fun.